**Literacy Activities in PE**

1. [**K-12 Physical Education - sparkpe.org**](http://www.sparkpe.org/)

[*www.sparkpe.org/*](http://www.sparkpe.org/)Welcome To The Most Researched & Implemented **PE** Program In The WORLD

[K-2 PE](http://www.google.com/aclk?sa=L&ai=CiYIi4eQfUcvhBYzO8wSQi4HQC6n0qYQCyYKFxhjgwbSYAQgAEAFQibKoyPr_____AWDJ_rGKpKTEEcgBAaoEHk_Qs9RInOCVOJGpxUHEEbJN9tOtRu_1uJU7ziZgRvoFCQgDEMHZkB8YAYAHqYucEA&ctype=4&sig=AOD64_0mXQgdXSoOefnItxtdIWHioqRgPg&ved=0CDEQwgUoAA&adurl=http://www.sparkpe.org/physical-education/k-2/) - [3-6 PE](http://www.google.com/aclk?sa=L&ai=CUjrE4eQfUcvhBYzO8wSQi4HQC6n0qYQCyYKFxhjgwbSYAQgAEAFQqe-k5ANgyf6xiqSkxBHIAQGqBB5P0LPUSJzglTiRqcVBxBGyTfbTrUbv9biVO84mYEb6BQkIAxDB2ZAfGAKAB6mLnBA&ctype=4&sig=AOD64_20sZ9s4xs8vT1ggjz1JIDoTAPxUg&ved=0CDIQwgUoAQ&adurl=http://www.sparkpe.org/physical-education/3-6/) - [Middle School](http://www.google.com/aclk?sa=L&ai=C1zsf4eQfUcvhBYzO8wSQi4HQC6n0qYQCyYKFxhjgwbSYAQgAEAFQ5LOrn_n_____AWDJ_rGKpKTEEcgBAaoEHk_Qs9RInOCVOJGpxUHEEbJN9tOtRu_1uJU7ziZgRvoFCQgDEMHZkB8YA4AHqYucEA&ctype=4&sig=AOD64_2sQwowtS2W3lK_PZFjaDNRLX0jUA&ved=0CDMQwgUoAg&adurl=http://www.sparkpe.org/physical-education/middle-school/) - [High School](http://www.google.com/aclk?sa=L&ai=ChDW74eQfUcvhBYzO8wSQi4HQC6n0qYQCyYKFxhjgwbSYAQgAEAFQsvP-twdgyf6xiqSkxBHIAQGqBB5P0LPUSJzglTiRqcVBxBGyTfbTrUbv9biVO84mYEb6BQkIAxDB2ZAfGASAB6mLnBA&ctype=4&sig=AOD64_1SO1lNKY2ew1aVL3dN4Ge9vCLDKw&ved=0CDQQwgUoAw&adurl=http://www.sparkpe.org/physical-education/high-school/)

1. [**"6. Physical Education and Literacy - The Odd Couple or a Match ...**](http://www.nysut.org/educatorsvoice_14847.htm)

*www.nysut.org/educatorsvoice\_14847.htm*

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May 1, 2010 – Content **literacy** and the traditional **idea** of **literacy** are not mutually **....** between an academic **class** and a **physical education class** is that in an **...**

1. [**Supporting Literacy through Physical Education - TEACHERS ...**](http://www.barbarafadams.com/supporting_literacy_through_pe)

*www.barbarafadams.com/supporting\_****literacy****\_through\_****pe***

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Supporting **Literacy** through **Physical Education** **...** Of jump roping for 20 minutes each **PE class** on your level of muscular endurance **....** physical fitness levels and of introducing them to the gamet of physical **activities**, but I also innately felt that **...**

1. [**EDLA615Summer - Literacy in Phys Ed**](http://edla615summer.wikispaces.com/Literacy+in+Phys+Ed)

*edla615summer.wikispaces.com/****Literacy****+in+Phys+Ed*

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Most people would assume that **Physical Education** and **literacy** have very little in common. **...** teachers all over the world incorporate **literacy** skills within their **lessons**. **...** to learn from others – **ideas** exchanged, team tactics, peer evaluation **...**

1. [**Literacy in physical education: For school-based use or self-study ...**](http://www.teachfind.com/national-strategies/literacy-physical-education-school-based-use-or-self-study)

*www.teachfind.com/.../****literacy****-****physical-education****-school-based-use-...*

You +1'd this publicly. [Undo](http://www.google.com/)

The guidance contains **activities**, information and resources for including speaking and listening, reading and writing in **physical education lessons**.

1. [**Physical Education Printables, Lessons, & References (K-12 ...**](http://www.teachervision.fen.com/physical-education/teacher-resources/6653.html)

*www.teachervision.fen.com/****physical-education****/teacher.../6653.html*

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Use TeacherVision's **physical education lessons** and printables to encourage fitness and reinforce **...** More **Physical Education Activities** for Science **Class** **...**

1. [**Physical Education Class Thoughts and Ideas: Should literacy and ...**](http://pegamesdjc.blogspot.com/2009/01/should-literacy-and-math-be-addressed.html)

*pegamesdjc.blogspot.com/.../should-****literacy****-and-math-be-addressed....*

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Jan 26, 2009 – This blog is meant to be an open discussion involving beliefs, thoughts and memories of **physical education class**. Typically either the favorite **...**

1. [**Integrating Early Literacy into Physical Education Classes | Butterfly ...**](https://www.alphabetworkout.com/alphabites/integrating-early-literacy-physical-education-classes)

*https://www.alphabetworkout.com/.../integrating-early-****literacy****-****physi****...*

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Apr 7, 2011 – He is passionate about movement and **physical education** and was exploring the possibilities of integrating early **literacy** into his 4-5 year-old **PE classes**. **...** He responded enthusiastically with lots of **ideas** on how to use the **...**

1. [**PE Common Core Standard Ideas**](http://www.lepeinc.com/common-core-standard-ideas/)

[*www.lepeinc.com/common-core-standard-****ideas****/*](http://www.lepeinc.com/common-core-standard-ideas/) You +1'd this publicly. [Undo](http://www.google.com/)

This page contains **ideas** for meeting the Common Core Standards in **Physical Education**. **...** Understanding the **Literacy** Standards for. **Physical Education** **...** Have a **PE** vocabulary word of the day and spell it throughout the **class**. 5. Have a **PE** **...**

1. [**Intro To Supporting Literacy Through Physical Education Adams ...**](http://www.slideshare.net/barbarafadams/intro-to-supporting-literacy-through-physical-education-adams-and-martin-2008)

*www.slideshare.net/.../intro-to-supporting-****literacy****-through-****physical-****...*

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Nov 6, 2009 – Without sacrificing crucial activity time in **class**, **physical education** **...** in **activities** that demonstrate methods for supporting **literacy** through **PE** **...**

1. [**Teaching Literacy Across the Curriculum - Middle Ground**](http://www.amle.org/Publications/MiddleGround/Articles/April2007/Article1/tabid/1309/Default.aspx)

*www.amle.org ›* [*Publications*](http://www.amle.org/Publications/tabid/95/Default.aspx) *›* [*Middle Ground*](http://www.amle.org/Publications/MiddleGround/tabid/437/Default.aspx) *›* [*Articles*](http://www.amle.org/Publications/MiddleGround/Articles/tabid/111/Default.aspx) *›* [*April 2007*](http://www.amle.org/Publications/MiddleGround/Articles/April2007/tabid/1308/Default.aspx)

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**Literacy** education can find its way into every part of the school. **...** studies to **classes** like art and **physical education**—or even in student **activities**, according to **...**

More ideas…..

1. Have bulletin boards in your gym.
2. Have Word Walls in the gym.

3. Use dry erase boards.

4. Have a PE vocabulary word of the day and spell it throughout the class.

5. Have a PE word wall with movement words.

6. Have students write jump rope chants for your Jump Rope for Heart event.

7. Have poster and essay contests for units.

8. Post verbal cues for skills and have students read them aloud.

9. Write multiple step directions on the board for students to follow.

10. Write a story about yourself as a piece of sporting equipment.

11. Post informational text about the sport or skill you are teaching on bulletin boards.

12. Create a class website/eboard that your students can read and explore.

13. Create handouts with informational text that students can read while waiting in line for their turn.

**Math Ideas**

1. Check out MathandMovement.com for great instructional materials for the gym.

2. Skip count during warm-ups:For example, post the multiples of three on a wall, count by three's for one exercise. For the next exercise turn one number over so that the students can't see it and count again. With each exercise turn over another number until they have them all memorized.

3. Whenever you need to make groups, ask the students to do the math, i.e. If we have 5 stations and 32 students, how many students will be at each station?

4. When playing scoring games, never have a score count as one point. Make the students think by making 6 point goals!

5. Transition using the times table, i.e. Hop 12 times to the next station, counting by 3's.

6. The kindergarten common core standards require counting to one hundred and to be able to count starting from a number other than one. If you are counting with kindergarten students keep this in mind.

7. Within the same game, give different point values to different scoring options. For example, if you knock over the pin it is worth 4 pts. If you tip over the bucket you get 7. Do the math at the end of the round. Present it as a word problem, "If you knocked over 4 pins and 2 buckets, what is your score?"

8. When keeping score, try starting from 100 (or any other number) and subtract points. Lowest score wins instead of highest.

9. Use the whisper and shout technique to teach multiplication tables. Whisper the non-multiple and shout the multiple. For example- hop (whisper 1), step (whisper 2), jump (shout 3) , hop (whisper 4), step (whisper 5), jump (shout 6). Repeat pattern until 3 X 12. This is a www.Mathandmovement,com idea!

10. Give students their assignment in an equation. For example- We are going to do 10 sets of 10 dribbles alternating right hand and left hand. How many dribbles will you have done by the end?

11. Have students keep a tally score on a dry erase board. At the end of each round of play, give the students the MAGIC MULTIPLIER NUMBER. This is the number that each tally mark is worth. The students need to multiply their tally score with the multiplier to get their final score. (Karen Fischer- Jefferson Primary, Huntington, NY)

12. Teaching bowling- 1st graders- have them determine the number of pins knocked down by the number of pins left standing (Subtraction- 10 pins minus the number of pins standing equals the number knocked down.)

13. Skip count in Spanish or whatever other language your students are learning. (MaryAnne Diehm)

**Great Idea!!**

We use flash cards for warm-up tag games..everyone is a tagger and the kids earn cards from one another by "flashing" them. Whoever guesses the correct answer first gets the others displayed card.

**Ideas for Making Groups and Getting Equipment**

1. First letter of first or last name.

2. Second letter- go through vowels and consonants separately and point our the difference.

3. Month of birth

4. Date of birth

5. Numeric equivalent of month of birth

6. Odd or even combinations of numeric equivalent of month and date- i.e. odd month/odd date, even month/even date, odd month/even date, and even month/odd date.